

Duration: 45 Minutes

Title of Lesson: Verbal bullying?

Essential Questions:

- What is verbal bullying?
- Where does bullying take place?
- What are the feelings of the bully?
- What are the feelings of the bullied?
- What is a bystander?

By the end of the lesson I will be able to ...

- By the end of the lesson I will be able to define what verbal bullying is
- By the end of the lesson I will be able to tell who the bully, target, and bystander are.

Materials/ Resources Needed:

- Children's Book: **Don't Laugh at Me** by Seskin, Steve and Allen Shamblin
- Smart board to play youtube video clip: <http://www.youtube.com/watch?v=rkv4tUIq2dE>. This video shows an example of what verbal abuse is.
- Youtube video clip number two: <http://www.youtube.com/watch?v=1j6YA03hm4k>
This video is a commercial that shows how words hurt people.
- Bullying Story retrieved from: <http://www.browardprevention.org/wp-content/uploads/2009/09/ABCs-of-Bullying-Prevention-Book.pdf> page 130.
- Blank paper
- Markers
- Chart paper

Lesson Instructions:

1. Explain that today they will be learning more about what verbal bullying is.
2. Begin by having students, in small groups, discuss what verbal bullying is. After the mini group discussion, come together as a class and discuss what each group has to say about verbal bullying. A few questions to ask students are the following:
 - What do you think verbal bullying is?

- What comes to mind when I say the words “verbal” & “bully”
 - Give an example or scenario that people use their words to hurt others?
 - Why do people want to hurt other people?
3. Explain to children that verbal bullying is when people use words to hurt others. Present Youtube video clip number one.
 4. Discuss with children that there are many people involved in bullying, including the bully, the person targeted, and the bystanders. Explain to students that the bystander is a person watching another person get bullied, the bystander is a person.
 5. Next, read the story “Don’t Laugh at Me” by Seskin, Steve and Allen Shamblin to the class, making sure the story’s pictures are not revealed. After reading this novel, have students use their imagination’s to create a picture of what this story might look like (this can be integrated into a primary visual arts lesson).
 6. Re-read the novel to children showing them the images and discussing if there image was the same or different as the authors.
 7. Conclude the lesson by presenting students with a “bullying story” and have them state and submit, on a blank sheet, who the bully, the target, and bystanders are.

Bullying Story:

My name is Mike and I’m in kindergarten. CJ is a girl in my class. She hangs out with her friends by the swings during recess. Any time someone gets near the swings, she uses her mean voice and says things like, “the swings are not for babies” or “you can’t play with us.” Everyone in the class is a little scared of her. It doesn’t feel nice when she acts mean abc’s of bullying prevention, 2009).

During art, Ms. Sunny asked us to share our work with the rest of our group, I went first. I showed the picture I drew of my dog, Fluffy. CJ ripped the paper from me and said, “This is the ugliest dog I’ve ever seen!” It hurt my feelings a lot, I love Fluffy. The rest of my group was quiet; they didn’t know what to say abc’s of bullying prevention, 2009).

Later that day, when CJ was in the bathroom, everyone in the group talked about how they were afraid to share their work. They thought CJ would say mean things about their drawings too. It made sharing and learning scary instead of happy and fun abc’s of bullying prevention, 2009).

At dismissal, while we were waiting for our parents, I overheard CJ's friends talking about her. They were saying how nice it was to be CJ's friend last year when she was friendly with everyone. This year, every time she was mean to someone, they didn't know what to do. They didn't like it, but thought if they said something CJ would be mean to them too. They really didn't want to be her friend anymore. Oh, I wish we could all just be nice to each other (abc's of bullying prevention, 2009).

Assessment:

- Use the answers to that students wrote down on a paper to assess for understanding of what verbal bullying is and whom is involved.

Resources & Work's Sited:

1. Seskin, Steve and Allen Shamblin. (2002). **"Don't Laugh At Me."** California: Tricycle Press.
2. YouTube. (2010). **"Bullying: Verbal Abuse."** YouTube. Retrieved November 19, 2013, from YouTube:<<http://www.youtube.com/watch?v=rkv4tUIq2dE>>.
3. YouTube. (2008). **"Words Hurt - Bullying Commercial."** YouTube. Retrieved November 19, 2013, from YouTube:<<http://www.youtube.com/watch?v=1j6YA03hm4k>>.
4. Broward Prevention. (2009). **"abc's of bullying prevention"**. Retrieved November 19, 2013 from website: <http://www.browardprevention.org/wp-content/uploads/2009/09/ABCs-of-Bullying-Prevention-Book.pdf>